

Risks

- Burns, blisters, scabbing and scarring
- Temporary muscle weakness due to nerve inflammation
- Temporary nerve numbness
- Surface irregularities
- Altered sensation
- Lumps/Nodules
- Pigmentary (color) changes
- Reactivation of HSV (Herpes Simplex Virus)

Please contact your doctor or healthcare professionals if you have any enquiries on Ulthera Treatment.

Reference:

- U.S. Food and Drug Administration
- Ulthera@ System Instructions for Use, Ulthera, Inc.

Effective date: 01/07/2022

PFE-EPI-5-E016



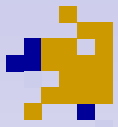
- We provide "Octopus hourly parking services"
- Green Line Minicab: 2, 17M, 25M, 46, 70,
- Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- Public Buses: 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- MTR
 - * Lok Fu: 5 mins by taxi
 - * Mongkok: by red line minibus, get off at Lomond Road
 - * Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
 - * Mongkok East: about 5 minutes by taxi
 - * Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154



St. Teresa's Hospital
聖德肋撒醫院

Ulthera Treatment

皮膚激光及整形外科中心
Skin Laser & Plastic Surgery Centre



Ulthera Treatment

Introduction

Ulthera is a non-invasive treatment without surgery, injections and little to no downtime. Ulthera delivers focused ultrasound energy to heat deep tissue without affecting the surface of the skin. The heat not only tightens collagen fibers that have become loose and stretched out with age, but also stimulates new collagen growth to make your skin feel thicker and smoother over time.

Usually after a single treatment of Ulthera, prominent tightening effect will be shown immediately. Skin tightening and face contouring effect will be optimal in 2-6 months with its continuous progress. The treatment result may be varied with each individual.

Ulthera also provides treatments for the other body areas.

Contraindications

Ulthera is contraindicated for use in patients with:

1. Either an implantable pacemaker, an Automatic Implantable Cardioverter/Defibrillator, or any other implantable electrical device.
2. Open wounds or lesions, severe or cystic acne, active or metallic implants in the treatment area.

Before the treatment

Pain-killers and topical anaesthetic can be given by Doctor to soothe your uncomfortable conditions.

During the Treatment

1. You can discuss your expectations and questions on Ulthera treatment with your doctor during the consultation.
2. Doctor will explain the therapeutic effects, possible side-effects and complications of Ulthera treatment to patient and informed consent will be signed.
3. Please removed all makeup and cleanse the treatment area.
4. Standardized clinical photos should be taken before treatment as documentation.
5. Doctor/healthcare professionals will ask about your allergy history and past health history.
6. With each touch of the device, you will feel a temporary deep heating sensation with mild pain. Inform the doctor immediately if you have any discomfort or abnormal feeling.

After the treatment

There may be mild redness in the area being treated after Ulthera treatment. It will be dissipated after a few hours, use of cold pad is not necessary. Temporary redness, edema and numbness may be occurred in individual case, it will be dissipated after a few days, Under rare conditions, long-lasting skin reactions such as temporary muscle weakness due to temporary nerve numbness may be occurred. Most of the cases will be dissipated within 3 months.

Care instruction after treatment

- Cleanse your skin with water or gentle cleanser.
- Protect your skin with mild, non-medicinal moisturizer.
- Avoid excessive heat exposure e.g. rigorous exercises, sauna and hot spring.
- Avoid alcohol drinking.
- Apply sunscreen with at least SPF50 or above (anti-UVB) and PA ++++ (anti-UVA) in the daytime and outdoor activities.

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